		Barbados Olympic Triathlon (Sunday 29th September 2013)										Barbados Olympic Triathlon (Sunday 29th September 2013)								
		Location: Spring Garden										Location: Spring Garden			Sea: Calm (2 laps)	Cycle: Flat (8 laps)		Run: Flat & Hot (4 laps)		
Race		**YELLOW CAPS**			End	Start	End	Start	End						1.5km		40 km		10 km		
No.	Age	Name	Country	Sex	Swim	Bike	Bike	Run	Run	**Pos.**	Age	Name	Country	Sex	Swim	T1	Bike	T2	Run	Final	**Pos.**
71	23	Chris Regis	GDA	M	0:20:37	0:21:47	1:31:57	1:32:34	2:21:28	**1**	23	Chris Regis	GDA	M	0:20:37	0:01:10	1:10:10	0:00:37	0:48:54	2:21:28	**1**
84	32	Adam Cripwell	RSA	M	0:22:15	0:23:27	1:31:54	1:32:32	2:22:27	**2**	32	Adam Cripwell	RSA	M	0:22:15		1:08:27	0:00:38	0:49:55	2:22:27	**2**
82	45	Gregory Austin	BAR	M	0:24:30	0:25:46	1:35:48	1:36:34	2:30:24	**3**	45	Gregory Austin	BAR	M	0:24:30	0:01:16	1:10:02	0:00:46	0:53:50	2:30:24	**3**
72	33	Inga Karasek	GDA	F	0:22:45	0:24:16	1:39:29	1:40:07	2:35:48	**4**	33	Inga Karasek	GDA	F	0:22:45	0:01:31	1:15:13	0:00:38	0:55:41	2:35:48	**4**
81	50	Ian Moore	GBR	M	0:28:09	0:30:05	1:34:17	1:35:01	2:36:58	**5**	50	Ian Moore	GBR	M	0:28:09	0:01:56	1:04:12	0:00:44	1:01:57	2:36:58	**5**
85	53	Paul Gibbard	BAR	M	0:28:12	0:30:09	1:44:54	1:45:56	2:40:57	**6**	53	Paul Gibbard	BAR	M	0:28:12	0:01:57	1:14:45	0:01:02	0:55:01	2:40:57	**6**
83	47	Martin Barriteau	GDA	M	0:30:03	0:31:49	1:43:16	1:43:56	2:41:20	**7**	47	Martin Barriteau	GDA	M	0:30:03	0:01:46	1:11:27	0:00:40	0:57:24	2:41:20	**7**
70	35	Chanda Gooding	BAR	F	0:24:42	0:26:18	1:42:06	1:42:50	2:44:58	**8**	35	Chanda Gooding	BAR	F	0:24:42	0:01:36	1:15:48	0:00:44	1:02:08	2:44:58	**8**
79	41	Helen Raithby	GDA	F	0:31:04	0:32:45	1:46:17	1:46:50	2:48:29	**9**	41	Helen Raithby	GDA	F	0:31:04	0:01:41	1:13:32	0:00:33	1:01:39	2:48:29	**9**
80	58	Nigel Wall	T&T	M	0:37:15	0:39:19	1:49:37	1:50:23	2:49:05	**10**	58	Nigel Wall	T&T	M	0:37:15	0:02:04	1:10:18	0:00:46	0:58:42	2:49:05	**10**
76	49	Sean Gill	BAR	M	0:32:21	0:34:59	1:51:39	1:53:09	2:51:17	**11**	49	Sean Gill	BAR	M	0:32:21	0:02:38	1:16:40	0:01:30	0:58:08	2:51:17	**11**
77	36	Melissa Hunte	BAR	F	0:29:30	0:32:27	1:58:47	1:59:40	3:05:36	**12**	36	Melissa Hunte	BAR	F	0:29:30	0:02:57	1:26:20	0:00:53	1:05:56	3:05:36	**12**
86	43	Victor Costa	BAR	M	0:32:43	0:36:51	2:12:55	2:15:20	3:44:12	**13**	43	Victor Costa	BAR	M	0:32:43	0:04:08	1:36:04	0:02:25	1:28:52	3:44:12	**13**
75	43	Darren Treasure	BAR	M	0:24:39	0:25:50	1:30:41	1:31:09	DNF		43	Darren Treasure	BAR	M	0:24:39	0:01:11	1:04:51	0:00:28	DNF	DNF	
73	45	Mike Templeton	BAR	M	DNS	DNS	DNS	DNS	DNS		45	Mike Templeton	BAR	M	DNS	DNS	DNS	DNS	DNS	DNS	
74	26	Nicola de Pass	T&T	F	DNS	DNS	DNS	DNS	DNS		26	Nicola de Pass	T&T	F	DNS	DNS	DNS	DNS	DNS	DNS	
78	51	Mark Scott	GDA	M	DNS	DNS	DNS	DNS	DNS		51	Mark Scott	GDA	M	DNS	DNS	DNS	DNS	DNS	DNS	
												Location: Spring Garden								
		Barbados Sprint Triathlon (Sunday 29th September 2013)										Barbados Sprint Triathlon (Sunday 29th September 2013)								
		Location: Spring Garden										Sea: Calm (1 lap) Cycle: Flat (4 laps) Run: Flat (2 laps)								
Race		**RED CAPS**			End	Start	End	Start	End						0.75 km		20 km		5 km		
No.	Age	Name	Country	Sex	Swim	Bike	Bike	Run	Run	**Pos.**	Age	Name	Country	Sex	Swim	T1	Bike	T2	Run	Final	**Pos.**
45	16	Christian Gillette	T&T	M	0:09:40	0:10:34	0:42:44	0:43:19	1:08:23	**1**	16	Christian Gillette	T&T	M	0:09:40		0:32:10	0:00:35	0:25:04	1:08:23	**1**
27	34	Jason Gooding	T&T	M	0:12:27	0:13:15	0:45:57	0:46:22	1:10:26	**2**	34	Jason Gooding	T&T	M	0:12:27	0:00:48	0:32:42	0:00:25	0:24:04	1:10:26	**2**
59	16	Joshua Ho	T&T	M	0:12:00	0:13:00	0:48:04	0:48:35	1:10:41	**3**	16	Joshua Ho	T&T	M	0:12:00	0:01:00	0:35:04	0:00:31	0:22:06	1:10:41	**3**
52	52	Derek Wilson	BAR	M	0:11:04	0:12:08	0:45:58	0:46:28	1:11:10	**4**	52	Derek Wilson	BAR	M	0:11:04	0:01:04	0:33:50	0:00:30	0:24:42	1:11:10	**4**
42	42	Philip Gaskin	BAR	M	0:15:36	0:16:47	0:50:34	0:51:13	1:13:24	**5**	42	Philip Gaskin	BAR	M	0:15:36	0:01:11	0:33:47	0:00:39	0:22:11	1:13:24	**5**
60	18	James Amow	T&T	M	0:11:04	0:12:32	0:44:43	0:45:23	1:13:51	**6**	18	James Amow	T&T	M	0:11:04	0:01:28	0:32:11	0:00:40	0:28:28	1:13:51	**6**
49	46	Garth McIntyre	BAR	M	0:14:45	0:15:55	0:49:15	0:49:53	1:16:00	**7**	46	Garth McIntyre	BAR	M	0:14:45	0:01:10	0:33:20	0:00:38	0:26:07	1:16:00	**7**
20	15	Sebastian Bos	T&T	M	0:11:33	0:12:30	0:47:17	0:47:50	1:16:01	**8**	15	Sebastian Bos	T&T	M	0:11:33	0:00:57	0:34:47	0:00:33	0:28:11	1:16:01	**8**
39	26	Christine Farah	T&T	F	0:13:42	0:14:48	0:51:39	0:52:07	1:16:36	**9**	26	Christine Farah	T&T	F	0:13:42	0:01:06	0:36:51	0:00:28	0:24:29	1:16:36	**9**
35	40	Marissa Bradshaw	BAR	F	0:13:26	0:15:01	0:51:59	0:52:38	1:18:31	**10**	40	Marissa Bradshaw	BAR	F	0:13:26	0:01:35	0:36:58	0:00:39	0:25:53	1:18:31	**10**
46	45	Georgie Bain	GDA	M	0:14:06	0:15:19	0:50:23	0:51:09	1:18:46	**11**	45	Georgie Bain	GDA	M	0:14:06	0:01:13	0:35:04	0:00:46	0:27:37	1:18:46	**11**
54	61	Philip Clift	GDA	M	0:17:31	0:19:00	0:54:45	0:55:37	1:20:40	**12**	61	Philip Clift	GDA	M	0:17:31	0:01:29	0:35:45	0:00:52	0:25:03	1:20:40	**12**
64	49	Denise Crebbin	BAR	F	0:15:05	0:17:09	0:54:14	0:55:18	1:22:24	**13**	49	Denise Crebbin	BAR	F	0:15:05	0:02:04	0:37:05	0:01:04	0:27:06	1:22:24	**13**
51	48	Jaqueline Jodhan	T&T	F	0:13:37	0:15:15	0:55:24	0:56:00	1:22:50	**14**	48	Jaqueline Jodhan	T&T	F	0:13:37	0:01:38	0:40:09	0:00:36	0:26:50	1:22:50	**14**
61	37	Garbriel Varvaro	BAR	M	0:16:52	0:19:54	0:55:55	0:57:28	1:24:12	**15**	37	Garbriel Varvaro	BAR	M	0:16:52	0:03:02	0:36:01	0:01:33	0:26:44	1:24:12	**15**
28	37	Lucie Murchie	GDA	F	0:14:40	0:16:03	0:55:28	0:56:08	1:24:30	**16**	37	Lucie Murchie	GDA	F	0:14:40	0:01:23	0:39:25	0:00:40	0:28:22	1:24:30	**16**
53	60	Christine Choy	BAR	F	0:14:49	0:16:45	0:55:42	0:56:42	1:24:46	**17**	60	Christine Choy	BAR	F	0:14:49	0:01:56	0:38:57	0:01:00	0:28:04	1:24:46	**17**
58	51	Diane Henderson	T&T	F	0:18:28	0:20:06	0:58:25	0:59:01	1:26:15	**18**	51	Diane Henderson	T&T	F	0:18:28	0:01:38	0:38:19	0:00:36	0:27:14	1:26:15	**18**
38	41	Barry Brent	T&T	M	0:20:50	0:22:39	1:00:38	1:01:21	1:27:28	**19**	41	Barry Brent	T&T	M	0:20:50	0:01:49	0:37:59	0:00:43	0:26:07	1:27:28	**19**
30	37	Dundee Thomas	T&T	M	0:21:13	0:22:51	0:59:47	1:00:37	1:28:15	**20**	37	Dundee Thomas	T&T	M	0:21:13	0:01:38	0:36:56	0:00:50	0:27:38	1:28:15	**20**
31	38	Raoul Edwards	T&T	M	0:15:58	0:18:49	0:55:51	0:56:50	1:28:29	**21**	38	Raoul Edwards	T&T	M	0:15:58	0:02:51	0:37:02	0:00:59	0:31:39	1:28:29	**21**
63	61	Simon Moll	BAR	M	0:16:45	0:19:28	0:59:20	0:59:47	1:28:43	**22**	61	Simon Mall	BAR	M	0:16:45	0:02:43	0:39:52	0:00:27	0:28:56	1:28:43	**22**
21	16	Chelsea Mohammed	T&T	F	0:12:02	0:13:10	0:55:19	0:55:48	1:29:19	**23**	16	Chelsea Mohammed	T&T	F	0:12:02	0:01:08	0:42:09	0:00:29	0:33:31	1:29:19	**23**
23	31	Keisha Lindsay	T&T	F	0:17:50	0:19:33	1:00:00	1:00:55	1:30:12	**24**	31	Keisha Lindsay	T&T	F	0:17:50	0:01:43	0:40:27	0:00:55	0:29:17	1:30:12	**24**
29	33	Priya Gomes	T&T	F	0:17:02	0:18:42	1:00:17	1:01:10	1:31:05	**25**	33	Priya Gomes	T&T	F	0:17:02	0:01:40	0:41:35	0:00:53	0:29:55	1:31:05	**25**
56	43	Kiyomi Rankine	T&T	F	0:16:15	0:18:08	0:59:36	1:00:36	1:32:34	**26**	43	Kiyomi Rankine	T&T	F	0:16:15	0:01:53	0:41:28	0:01:00	0:31:58	1:32:34	**26**
48	46	Derek Daniel	T&T	M	0:17:35	0:19:53	0:58:48	1:00:14	1:33:47	**27**	46	Derek Daniel	T&T	M	0:17:35	0:02:18	0:38:55	0:01:26	0:33:33	1:33:47	**27**
57	51	Alister Beadle	T&T	M	0:17:42	0:19:14	0:59:25	1:00:46	1:33:49	**28**	51	Alister Beadle	T&T	M	0:17:42	0:01:32	0:40:11	0:01:21	0:33:03	1:33:49	**28**
47	46	Fiona Jones	BAR	F	0:17:18	0:18:58	0:58:38	0:59:52	1:34:09	**29**	46	Fiona Jones	BAR	F	0:17:18	0:01:40	0:39:40	0:01:14	0:34:17	1:34:09	**29**
41	42	Renae Quinton	BAR	F	0:19:10	0:21:09	1:00:10	1:01:47	1:34:47	**30**	42	Renae Quinton	BAR	F	0:19:10	0:01:59	0:39:01	0:01:37	0:33:00	1:34:47	**30**
40	42	Deirdre Ronan	BAR	F	0:15:41	0:17:55	1:00:11	1:01:02	1:36:55	**31**	42	Deirdre Ronan	BAR	F	0:15:41	0:02:14	0:42:16	0:00:51	0:35:53	1:36:55	**31**
50	47	Michael Richardson	T&T	M	0:15:28	0:17:27	0:59:20	1:01:12	1:38:15	**32**	47	Michael Richardson	T&T	M	0:15:28	0:01:59	0:41:53	0:01:52	0:37:03	1:38:15	**32**
43	43	Briony Baden-Semper	T&T	F	0:19:10	0:21:04	1:02:57	1:03:57	1:38:17	**33**	43	Briony Baden-Semper	T&T	F	0:19:10	0:01:54	0:41:53	0:01:00	0:34:20	1:38:17	**33**
26	34	Naomi Springer	BAR	F	0:14:14	0:16:03	0:54:25	0:55:30	1:39:04	**34**	34	Naomi Springer	BAR	F	0:14:14	0:01:49	0:38:22	0:01:05	0:43:34	1:39:04	**34**
55	30	Lisa Buckley	DOM	F	0:14:48	0:17:23	1:06:06	1:06:42	1:41:15	**35**	30	Lisa Buckley	DOM	F	0:14:48	0:02:35	0:48:43	0:00:36	0:34:33	1:41:15	**35**
22	29	Aliya Drakes	T&T	F	0:17:42	0:19:58	1:04:51	1:05:45	1:41:34	**36**	29	Aliya Drakes	T&T	F	0:17:42	0:02:16	0:44:53	0:00:54	0:35:49	1:41:34	**36**
33	39	Martin Lewis	T&T	M	0:18:04	0:20:52	1:04:02	1:05:16	1:42:05	**37**	39	Martin Lewis	T&T	M	0:18:04	0:02:48	0:43:10	0:01:14	0:36:49	1:42:05	**37**
24	33	Samantha Montserin	T&T	F	0:16:35	0:18:33	1:03:05	1:03:53	1:45:08	**38**	33	Samantha Montserin	T&T	F	0:16:35	0:01:58	0:44:32	0:00:48	0:41:15	1:45:08	**38**
36	41	Arlene Hamblin	T&T	F	0:23:42	0:25:41	1:12:30	1:13:35	1:46:10	**39**	41	Arlene Hamblin	T&T	F	0:23:42	0:01:59	0:46:49	0:01:05	0:32:35	1:46:10	**39**
32	39	Fiona Parker	BAR	F	0:16:07	0:18:47	1:03:55	1:04:38	1:48:29	**40**	39	Fiona Parker	BAR	F	0:16:07	0:02:40	0:45:08	0:00:43	0:43:51	1:48:29	**40**
37	29	Aimee Hougaboom	DOM	F	0:14:59	0:18:01	1:12:38	1:13:32	1:51:42	**41**	29	Aimee Hougaboom	DOM	F	0:14:59		0:54:37	0:00:54	0:38:10	1:51:42	**41**
44	43	Georgina Terry	T&T	F	0:23:24	0:26:43	1:16:52	1:18:37	2:01:47	**42**	43	Georgina Terry	T&T	F	0:23:24	0:03:19	0:50:09	0:01:45	0:43:10	2:01:47	**42**
25	33	Seldette Johnetty	T&T	F	0:24:22	0:26:31	1:22:28	1:23:07	2:09:26	**43**	33	Seldette Johnetty	T&T	F	0:24:22	0:02:09	0:55:57	0:00:39	0:46:19	2:09:26	**43**
34	40	Ann Marie Hickey	BAR	F	0:15:27	0:17:36	DNF	DNF	DNF	**44**	40	Ann Marie Hickey	BAR	F	0:15:27	0:02:09	DNF	DNF	DNF	DNF	**44**
62	42	Richard Young	BAR	M	DNS	DNS	DNS	DNS	DNS	**45**	42	Richard Young	BAR	M	DNS	DNS	DNS	DNS	DNS	DNS	**45**
		Barbados Sprint Triathlon (Sunday 29th September 2013)						*0:08:00*				Barbados Sprint Triathlon (Sunday 29th September 2013)								
		Location: Spring Garden										Location: Spring Garden	Sea: Calm (1 lap) Cycle: Flat (4 laps) Run: Flat (2 laps)							
	Race	**Relay Teams - WHITE CAPS**		End	Start	End	Start	End			**Race**	Relay Teams	0.75 km		20 km		5 km	(2 laps)		
	No.	Name		Swim	Bike	Bike	Run	Run	**Pos.**		**No.**	Name	Swim	T1	Bike	T2	Run	Final	**Pos.**	
	135	Ellcock/Stanford/Nurse		0:18:18	0:18:38	0:44:53	0:45:06	1:04:20	**1**		**135**	Ellcock/Stanford/Nurse	0:10:18	0:00:20	0:26:15	0:00:13	0:19:14	0:56:20	**1**	
	131	N.Neckles/G.Catwell/O. Josiah		0:17:48	0:18:02	0:49:03	0:49:12	1:10:21	**2**		**131**	N.Neckles/G.Catwell/O. Josiah	0:09:48	0:00:14	0:31:01	0:00:09	0:21:09	1:02:21	**2**	
	129	D.Alleyne/J.Licorish/E.Ismael		0:17:44	0:18:00	0:48:54	0:49:08	1:10:50	**3**		**129**	D.Alleyne/J.Licorish/E.Ismael		0:00:16	0:30:54	0:00:14	0:21:42		**3**	
	133	K.Talma/T.Catwell/JR.Clarke		0:18:11	0:18:25	0:48:54	0:49:06	1:12:06	**4**		**133**	K.Talma/T.Catwell/JR.Clarke		0:00:14	0:30:29	0:00:12	0:23:00		**4**	
	137	Padington/Clarence/Mounter		0:17:50	0:18:04	0:49:03	0:49:15	1:13:09	**5**		**137**	Padington/Clarence/Mounter	0:09:50	0:00:14	0:30:59	0:00:12	0:23:54	1:05:09	**5**	
	127	R.Luther/B.Gill/R.Jones		0:21:24	0:21:39	0:53:50	0:54:03	1:15:32	**6**		**127**	R.Luther/B.Gill/R.Jones		0:00:15	0:32:11	0:00:13	0:21:29		**6**	
	126	C.Richards/S. Brokker/C. Sikkens		0:18:43	0:19:04	0:54:28	0:54:43	1:20:04	**7**		**126**	C.Richards/S. Brokker/C. Sikkens	0:10:43	0:00:21	0:35:24	0:00:15	0:25:21	1:12:04	**7**	
	136	Pile/Hill/Reece		0:20:31	0:20:48	0:57:40	0:57:55	1:27:14	**8**		**136**	Pile/Hill/Reece		0:00:17	0:36:52	0:00:15	0:29:19		**8**	
	128	V.Chatrani/P. Sandiford		0:18:31	0:18:51	1:01:01	1:01:16	1:27:38	**9**		**128**	V.Chatrani/P. Sandiford		0:00:20	0:42:10	0:00:15	0:26:22		**9**	
	125	M.Tresure/R.Lashley//H.Lashley		0:18:25	0:18:45	0:58:10	0:58:28	1:29:20	**10**		**125**	M.Tresure/R.Lashley//H.Lashley	0:10:25	0:00:20	0:39:25	0:00:18	0:30:52	1:21:20	**10**	
	134	S.Moore/M.Asteghe/Foster		0:23:25	0:23:50	0:59:40	0:59:55	1:32:01	**11**		**134**	S.Moore/M.Asteghe/Foster	0:15:25		0:35:50	0:00:15	0:32:06		**11**	
	132	D.Thompson/P.Nicholls		0:22:04	0:22:27	1:04:30	1:04:43	1:37:30	**12**		**132**	D.Thompson/P.Nicholls		0:00:23	0:42:03	0:00:13	0:32:47		**12**	
	130	A.Pemberton/Clare/T.A.Defratus		0:22:05	0:22:27	1:14:59	1:15:15	1:42:33	**13**		**130**	A.Pemberton/Clare/T.A.Defratus		0:00:22	0:52:32	0:00:16	0:27:18		**13**	
	123	Polla & More		0:22:18	0:22:41	1:11:20	1:11:33	1:46:20	**14**		**123**	Polla & More	0:14:18	0:00:23	0:48:39	0:00:13	0:34:47	1:38:20	**14**	
	124	Dulieu/Lashley/McFarlen		0:20:24	0:20:50	1:19:50	1:20:05	1:47:21	**15**		**124**	Dulieu/Lashley/McFarlen		0:00:26	0:59:00	0:00:15	0:27:16		**15**	