

29th Barbados National Triathlon Championships  
 Sprint Distance  
 October 13, 2019

Position	Bib	Name	Swim	T1	Bike	T2	Run	Time	Age	Gender	Country
1	33	Troy Llanos	00:09:47.96	00:00:59.88	00:32:09.00	00:01:09.00	00:20:28.00	01:04:33.84	16	M	TTO
2	34	Niel Skinner	00:09:35.84	00:01:03.00	00:33:51.00	00:01:06.00	00:20:24.00	01:05:59.84	16	M	BAR
3	37	Logan Raymond	00:10:56.84	00:00:58.93	00:32:56.06	00:01:09.00	00:23:04.00	01:09:04.84	19	M	TTO
4	35	Chad Hosein	00:11:24.81	00:00:57.02	00:36:17.00	00:01:18.00	00:21:09.00	01:11:05.84	17	M	TTO
5	47	Randy Licorish	00:15:29.84	00:01:56.95	00:32:39.04	00:01:18.74	00:20:08.25	01:11:32.84	36	M	BAR
6	53	Joe O'Connor	00:16:11.29	00:01:29.94	00:32:45.60	00:01:14.00	00:20:06.00	01:11:46.84	39	M	IRL
7	36	Ayomide Gilbert-Semper	00:11:15.72	00:01:17.72	00:32:08.39	00:01:05.00	00:26:01.00	01:11:47.84	18	M	TTO
8	29	Christopher Pollard	00:09:30.84	00:01:04.00	00:34:52.00	00:01:14.00	00:25:08.00	01:11:48.84	15	M	BAR
9	30	Graeme Waithe Toussaint	00:13:20.45	00:01:35.30	00:34:44.09	00:00:57.00	00:22:59.00	01:13:35.84	15	M	TTO
10	41	Ryan Kavanagh	00:17:20.84	00:01:42.66	00:34:38.33	00:01:23.68	00:20:58.32	01:16:03.84	32	M	GBR
11	82	Ashley Weekes	00:10:17.84	00:01:19.00	00:36:20.00	00:01:27.00	00:26:45.00	01:16:08.84	17	F	BAR
12	81	Chara Hinds	00:10:31.14	00:01:10.70	00:38:08.00	00:01:13.00	00:25:50.00	01:16:52.84	16	F	BAR
13	80	Zahra Gaskin	00:10:56.84	00:01:12.00	00:38:40.00	00:01:21.00	00:25:11.00	01:17:20.84	16	F	BAR
14	63	Richard Young	00:14:54.51	00:01:55.15	00:36:32.16	00:01:34.57	00:23:43.43	01:18:39.84	48	M	BAR
15	27	Miykayl Gaffoor	00:15:46.91	00:01:47.58	00:35:55.35	00:01:36.35	00:23:47.64	01:18:53.84	15	M	TTO
16	70	Kamal Seale	00:11:32.84	00:01:52.00	00:39:32.00	00:01:23.15	00:25:20.84	01:19:40.84	26	M	BAR
17	77	Kyle Spenard	00:15:40.84	00:01:52.82	00:35:18.17	00:01:07.85	00:26:06.14	01:20:05.84	18	M	BAR
18	68	Steve Horness	00:15:13.72	00:02:32.81	00:30:38.30	00:02:02.00	00:29:58.00	01:20:24.84	55	M	BAR
19	58	Jason Edwards	00:15:46.26	00:01:42.47	00:35:28.09	00:02:06.00	00:25:41.00	01:20:43.84	46	M	BAR
20	75	Cary Banfield	00:11:52.84	00:01:44.95	00:38:04.05	00:01:17.98	00:28:49.01	01:21:48.84	40	M	BAR
21	52	Taj Gittens	00:13:30.82	00:02:00.56	00:37:15.45	00:01:12.00	00:28:29.00	01:22:27.84	38	M	BAR
22	51	Nick Gill	00:13:36.07	00:02:00.71	00:39:54.05	00:01:48.85	00:25:16.14	01:22:35.84	38	M	BAR
23	78	Amelie Baker	00:11:13.53	00:01:34.99	00:41:08.31	00:01:31.00	00:27:20.00	01:22:47.84	14	F	BAR
24	72	Michael Petterson	00:14:40.84	00:01:54.00	00:36:16.00	00:01:23.00	00:28:47.00	01:23:00.84	57	M	USA
25	98	Lee Hay	00:13:29.35	00:01:48.21	00:38:32.26	00:01:16.11	00:28:15.88	01:23:21.84	33	F	TTO
26	28	Adam Marshall	00:15:06.84	00:02:11.85	00:32:53.90	00:01:38.92	00:33:24.31	01:25:15.84	15	M	BAR
27	46	Cliff Gittens	00:12:20.24	00:01:33.16	00:40:14.43	00:01:43.02	00:29:27.97	01:25:18.84	36	M	BAR
28	87	Jen Wosminity	00:15:37.05	00:01:21.01	00:37:58.77	00:01:26.79	00:29:27.20	01:25:50.84	41	F	BAR
29	48	Ashley Breeze	00:15:30.84	00:01:53.00	00:38:27.00	00:01:09.97	00:29:11.02	01:26:11.84	38	M	GBR
30	42	Douglas Hay	00:17:17.55	00:02:19.80	00:39:13.47	00:01:25.00	00:27:38.00	01:27:53.84	58	M	TTO
31	39	Ramon Harvey	00:11:48.84	00:01:23.00	00:40:58.00	00:01:51.00	00:33:57.00	01:29:57.84	32	M	BAR
32	61	Matt Denham	00:16:55.84	00:01:57.82	00:37:03.17	00:01:26.33	00:32:49.66	01:30:12.84	48	M	GBR
33	100	Kari Myrland	00:22:47.05	00:01:09.79	00:32:53.00	00:01:21.00	00:33:11.00	01:31:21.84	60	F	USA
34	97	Kiyomi Rankine	00:15:19.84	00:01:19.00	00:43:13.00	00:02:05.00	00:29:56.00	01:31:52.84	49	F	TTO
35	38	Neal Jones	00:20:17.84	00:01:27.58	00:37:29.41	00:02:12.00	00:32:16.00	01:33:42.84	31	M	BAR
36	90	Teheli Sealey	00:17:14.55	00:02:59.09	00:43:04.20	00:02:01.00	00:28:28.00	01:33:46.84	43	F	TTO
37	99	Sylvia Loustric	00:16:42.41	00:02:34.15	00:43:30.28	00:01:26.97	00:29:56.02	01:34:09.84	59	F	BAR
38	126	Christine Choy	00:17:11.09	00:02:36.74	00:43:00.00	00:01:32.63	00:30:37.36	01:34:57.84	66	F	BAR
39	31	Ross Callender	00:18:05.95	00:01:19.81	00:39:57.07	00:01:32.02	00:34:03.97	01:34:58.84	30	M	BAR
40	55	Jonathan Griffith	00:20:39.30	00:02:24.38	00:37:04.15	00:01:47.77	00:33:07.22	01:35:02.84	43	M	BAR
41	71	Cedric McIntyre	00:16:54.78	00:02:34.60	00:41:27.45	00:01:35.02	00:34:58.97	01:37:30.84	57	M	STV
42	89	Carol Kelly	00:20:58.84	00:01:21.42	00:41:05.64	00:01:47.93	00:33:52.00	01:39:05.84	43	F	BAR
43	62	Burkley Lowe	00:22:56.84	00:02:14.91	00:34:52.08	00:01:44.90	00:38:07.09	01:39:55.84	48	M	BAR
44	50	Niko De Souza	00:17:49.94	00:01:51.84	00:45:26.05	00:02:19.26	00:32:59.73	01:40:26.84	38	M	TTO
45	56	Dave Waithe	00:24:35.56	00:02:08.10	00:40:13.17	00:02:16.47	00:31:23.48	01:40:36.80	43	M	BAR
46	94	Arlene Francis	00:22:29.84	00:01:21.83	00:42:33.16	00:01:37.30	00:31:37.07	01:40:39.23	46	F	TTO
47	43	Phil O'Neal	00:15:08.84	00:02:21.96	00:41:37.03	00:02:20.59	00:39:29.40	01:40:57.84	33	M	BAR
48	85	Joanna Edghill	00:16:58.05	00:01:04.79	00:42:47.00	00:01:34.13	00:39:09.86	01:41:33.84	38	F	BAR
49	92	Heather Adamson	00:19:56.84	00:02:02.61	00:45:58.38	00:02:28.54	00:32:14.45	01:42:40.84	46	F	BAR

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 Sprint Distance  
 October 13, 2019

Position	Bib	Name	Swim	T1	Bike	T2	Run	Time	Age	Gender	Country
50	66	Derek Daniel	00:20:31.84	00:02:22.95	00:42:11.05	00:00:02.43	00:43:41.56	01:48:49.84	52	M	TTO
51	44	Courtney Lindsay	00:21:48.74	00:03:04.72	00:46:11.37	00:01:59.00	00:36:42.00	01:49:45.84	35	M	BAR
52	95	Sylvia Dohnert	00:15:31.62	00:03:00.18	00:52:26.03	00:02:25.00	00:37:05.00	01:50:27.84	49	F	BAR
53	88	Remi Soyombo	00:27:10.35	00:02:24.44	00:44:22.04	00:02:39.00	00:36:07.00	01:52:42.84	42	F	BAR
54	76	Simon Richards	00:22:56.84	00:02:09.81	00:39:45.18	00:01:31.73	00:46:46.27	01:53:09.84	45	M	BAR
55	91	Adele Price	00:23:56.84	00:00:58.92	00:45:12.07	00:02:22.17	00:41:35.82	01:54:05.84	44	F	BAR
56	73	John Nurse	00:31:23.84	00:01:59.01	00:43:07.98	00:01:55.00	00:37:49.00	01:56:14.84	58	M	BAR
57	45	Jason Marshall	00:24:07.84	00:02:31.87	00:42:28.12	00:02:42.38	00:44:57.61	01:56:47.84	35	M	BAR
58	65	Darryl Cardozo	00:21:35.81	00:02:30.55	00:48:32.47	00:02:18.00	00:44:03.00	01:58:59.84	51	M	BAR
59	84	Neisha Alexander	00:21:07.84	00:02:13.90	00:49:55.09	00:02:11.35	00:43:48.64	01:59:16.84	36	F	STV
60	60	Alan Smith	00:19:13.18	00:01:46.53	00:48:47.12	00:01:30.35	00:50:10.64	02:01:27.84	47	M	BAR
61	86	Reena Rampersad	00:29:41.74	00:03:21.84	00:54:53.25	00:02:08.00	00:49:18.00	02:19:22.84	41	F	TTO
62	83	Tamara St.Hillaire	00:21:16.84	00:02:01.00	01:07:39.00	00:02:02.00	00:55:23.00	02:28:21.84	23	F	STV